

Clozapine Survey 2023

Survey questions for individuals who take clozapine, whānau, family and/or caregivers who support individuals who take clozapine (Print version)

1. Your details

Please complete the following introductory questions before starting the survey.

You are not required to provide your name, contact details or ethnicity, however you may provide this information if you wish.

What is your name?

Please answer below

What is your email address (or other contact details)?

Please answer below

What is your ethnicity?

Please answer below

Please select from below which best describes you (circle the answer).

(Required)

Please select only one item

- Individual who takes clozapine
- Whānau, family and/or caregiver of an individual who takes clozapine
- Medical doctor
- Pharmacist
- Nurse
- Other healthcare professional

We intend to publish the submissions from this survey, but we will only publish your submission if you give permission. We will remove personal details such as email addresses and the names of individuals, and any other information that you tell us to remove. If you do not want your submission published, please let us know below.

(Required)

Please select only one item

- You may publish this submission.
- Do not publish this submission.

Official Information Act responses

Your submission will be subject to requests made under the Official Information Act (even if it hasn't been published). If you want your personal details removed from your submission, please let us know below. We will take this into account when responding to requests under the Official Information Act.

(Required)

Please select only one item

- Include my personal details in responses to Official Information Act requests
- Remove my personal details from responses to Official Information Act requests

Please let us know any other information that you would like us to remove from your response.

Please provide your answer below

2. General questions

Please answer as many questions as you would like. Answers may be left blank if needed.

Whānau, family and/or caregivers may answer on behalf if required. Please answer the questions from the experiences of those who take clozapine.

This page asks questions about clozapine use.

Which best describes you and how you take medicines, including clozapine? You may click more than one answer.

Please select all that apply

- I look after my medicines myself
- I have help with my medicines from my whānau, family and/or caregivers
- I have help with my medicines from my mental health team
- I am in hospital and have help with my medicines from nurses or other healthcare professionals
- None of the above: please tell us more below

Please provide your answer below

Approximately, how long have you been taking clozapine regularly (i.e., without stopping)?

Please select only one item

- Less than 3 months
- Between 3 months and 12 months
- Between 1 and 5 years
- More than 5 years
- I am not sure

3. Interaction with healthcare professionals

This page asks about healthcare professionals you see about clozapine.

Which healthcare professionals do you see when taking clozapine? You may select more than one answer.

Please select all that apply

- Doctor
- Nurse
- Pharmacist
- Mental health team
- Support worker
- Social worker
- Other healthcare professional: please tell us more below

Please provide your answer below

When do you see your doctor about clozapine?

Please select only one item

- Every week
- Every 4 weeks or monthly
- Every 3 months
- I am not sure
- Other: please tell us more below

Please provide your answer below

When do you see a pharmacist to collect your clozapine?

Please select only one item

- Every week
- Every 4 weeks
- Every 3 months
- Someone else collects my medicines for me or my medicines are delivered
- I am not sure
- Other: please tell us more below

Please provide your answer below

4. Side effects of clozapine

This page asks questions about potential side effects of clozapine.

Where do you find information about possible clozapine side effects? You may click more than one option.

Please select all that apply

- Medicine information leaflets
- Asking healthcare professionals
- Asking whānau, family and/or caregivers
- Social media
- I am not sure
- Other: please tell us more below

Please provide your answer below

If you experience a possible side effect from clozapine, who do you usually talk to? You may click more than one option.

Please select all that apply

- Doctor
- Nurse
- Pharmacist
- Social worker
- Whānau, family and/or caregivers
- I am not sure
- Other people: please tell us more below

Please provide your answer below

Which side effect of clozapine would you usually tell someone about? You may click more than one option.

Please select all that apply

- Not able to pass a bowel motion (constipation)
- A high temperature or feeling unwell
- An infection
- Feeling sleepy
- Saliva problems
- Heart problems, such as palpitations or chest pain
- I am not sure
- Other side effects: please tell us more below

Please provide your answer below

Do healthcare professionals ask you about possible side effects of clozapine?

Please select only one item

- Yes
- No
- I am not sure

Have you reported a side effect to the Centre for Adverse Reactions Monitoring (CARM) New Zealand?

Please select only one item

- Yes
- No
- I am not sure

5. Constipation and clozapine

Constipation is a common side effect of clozapine. This page asks about this possible side effect.

Have you ever experienced constipation with clozapine? (Constipation is when you struggle to pass a bowel motion)

Please select only one item

- Yes
- No
- I am not sure

Do you take medicines to help with constipation?

Please select only one item

- Yes
- No
- I am not sure

If yes, how often do you take them?

Please select only one item

- Every day
- Most days
- 1 - 2 times a week
- I am not sure
- Other: please tell us more below

Please provide your answer below

Have you ever had to interrupt or stop your clozapine treatment due to constipation or bowel problems?

Please select only one item

- Yes
- No
- I am not sure

If you would like to tell us more, please do this below

6. Blood tests and clozapine

Clozapine may cause low blood cell counts. Regular blood tests are needed to help monitor for this side effect.

This page asks about possible low blood counts on clozapine and blood tests.

When do you currently have blood tests for clozapine?

Please select only one item

- Weekly
- Fortnightly
- Every 4 weeks
- I am not sure

Have you ever had to interrupt or stop your clozapine treatment due to a blood test result?

Please select only one item

- Yes
- No
- I am not sure

If you would like to tell us more, please do this below

Do you experience any difficulties getting a regular blood test?

Please select only one item

- Yes
- No
- I am not sure

If you selected yes, if able, please provide more information below

Would you like to make any changes to the blood testing requirements for clozapine?

Please select only one item

- Yes
- No
- I am not sure

If you would like to provide any further information to your answer above, please provide this below

7. Feedback

This page provides space to provide any feedback or information about taking clozapine that you would like to tell us.

Do you have any other feedback or information about clozapine that you would like to tell us?

Please provide your answer below.

If you would like us to send you a copy of your response, please provide your email or address below

Postal address:

Medsafe

Ministry of Health

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Medsafe, August 2023.