

Proposed amendments to the Medicines List for registered nurse prescribing in primary health and specialty teams

	System of the body	Broad therapeutic group	Sub-group	Prescription medicine	Restrictions, specific route or form or other guidance
	(by New Zealand Formulary classification)				
1	Cardiovascular system	Diuretics	Thiazides & related diuretics	Chlortalidone	
2	Cardiovascular system	Diuretics	Aldosterone antagonists	Eplerenone	Continuation prescribing
3	Cardiovascular system	Lipid regulating drugs	Statins	Rosuvastatin	
4	Cardiovascular system	Lipid regulating drugs		Ezetimibe	Continuation prescribing
5	Cardiovascular system	Anti-arrhythmic drugs	Supraventricular & ventricular	Flecainide acetate	Continuation prescribing
6	Cardiovascular system	Hypertension & heart failure	Angiotensin-II receptor antagonists	Sacubitril & valsartan	Continuation prescribing
7	Cardiovascular system	Anticoagulants & reversable agents	Oral anticoagulants	Dabigatran etexilate	
8	Cardiovascular system	Anticoagulant & reversable agents	Oral anticoagulants	Rivaroxaban	Continuation prescribing
9	Cardiovascular system	Antiplatelet drugs	Management of stroke	Clopidogrel	Continuation prescribing
10	Cardiovascular system	Antiplatelet drugs	Management of stroke	Tricagrelor	Continuation prescribing
11	Central nervous system	Drugs used in nausea and vertigo	Neurokinin receptor antagonists	Aprepitant	Continuation prescribing
12	Central nervous system	Antidepressant	Serotonin & noradrenaline reuptake inhibitor	Venlafaxine	Continuation prescribing
13	Central nervous system	Antiepileptic drugs	Control of the epilepsies	Phenytoin	Continuation prescribing for control of epilepsy

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14	Central nervous system	Drugs used in substance dependence	Nicotine dependence	Varenicline	
15	Endocrine system	Antidiabetic drugs	Dipeptidylpeptidase-4 inhibitors	Vildagliptin	
16	Endocrine system	Antidiabetic drugs	Dipeptidylpeptidase-4 inhibitors & biguanides	Vildagliptin & metformin	
17	Endocrine system	Antidiabetic drugs	Thiazolidinediones (glitizones)	Pioglitazone	
18	Endocrine system	Antidiabetic drugs		Acarbose	
19	Endocrine system	Antidiabetic drugs	Glucagon-like peptide 1 receptor agonists	Dulaglutide	
20	Endocrine system	Antidiabetic drugs	Glucagon-like peptide 1 receptor agonists	Exenatide	
21	Endocrine system	Antidiabetic drugs	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Empagliflozin	
22	Endocrine system	Antidiabetic drugs	Sodium-glucose co-transporter 2 (SGLT2) inhibitors & biguanides	Empagliflozin & metformin	
23	Endocrine system	Corticosteroids	Glucocorticoids	Hydrocortisone	Oral Continuation prescribing
24	Endocrine system	Thyroid & antithyroid drugs	Thyroid hormones	Levothyroxine sodium	Continuation prescribing
25	Endocrine system	Thyroid & antithyroid	Antithyroid	Carbimazole	Continuation prescribing
26	Gastrointestinal system	Chronic bowel disorders	Aminosalicylates	Mesalazine	Oral Rectal
27	Gastrointestinal system	Chronic bowel disorders	Aminosalicylates	Olsalazine sodium	Oral
28	Gastrointestinal system	Chronic bowel disorders	Corticosteroids	Hydrocortisone acetate	Rectal

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29	Gastrointestinal system	Intestinal secretions		Pancreatin	
30	Infections	Antiviral drugs	Viral hepatitis	Glecaprevir & pibrentasvir	Continuation prescribing
31	Infections	Antiviral drugs	Herpes virus infections	Valaciclovir	
32	Infections	Antibacterial drugs	Aminoglycosides	Tobramycin	Inhalation (nebulised)
33	Infections	Antiprotozoal drugs	Pneumocystis pneumonia	Pentamidine isethionate	Inhalation (nebulised)
34	Malignant disease & immunosuppressant	Sex hormones and hormone antagonists in malignant diseases	Hormone antagonist	Letrozole	Oral Continuation prescribing
35	Malignant disease & immunosuppressant	Sex hormones and hormone antagonists in malignant diseases	Hormone antagonist	Tamoxifen	Oral
36	Musculoskeletal & joint diseases	Rheumatic diseases & gout	Gout & cytotoxic induced hyperuricaemia	Febuxostat	Continuation prescribing
37	Musculoskeletal & joint diseases	Rheumatic diseases & gout	Non-steroidal & anti-inflammatory	Celecoxib	
38	Musculoskeletal & joint diseases	Rheumatic diseases & gout	Antimalarials	Hydroxychloroquine sulfate	Continuation prescribing
39	Nutrition & blood	Vitamins	Vitamin D	Calcitriol	
40	Obstetrics, gynaecology & urinary tract disorders	Contraceptives	Combined oral contraceptives	Cyproterone acetate & ethinylestradiol	Oral contraceptive only
41	Obstetrics, gynaecology & urinary tract disorders	Vaginal & vulval changes	Topical HRT	Estriol	Vaginal cream
42	Obstetrics, gynaecology & urinary tract disorders	Drugs used in obstetrics	Prostaglandins and oxytocics	Misoprostol	
43	Obstetrics, gynaecology & urinary tract disorders	Drugs used in obstetrics		Mifepristone	

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44	Respiratory system	Bronchodilators	Antimuscarinic bronchodilators	Umeclidinium	Continuation prescribing
45	Respiratory system	Bronchodilators	Antimuscarinic bronchodilators & adrenoceptor agonists	Umeclidinium and vilanterol	Continuation prescribing
46	Respiratory system	Bronchodilators Corticosteroids		Fluticasone furoate and vilanterol	Inhalation
47	Respiratory system	Bronchodilators	Antimuscarinic bronchodilators	Glycopyrronium	Inhalation
48	Respiratory system	Bronchodilators	Adrenoceptor agonists - selective beta agonists	Indacaterol	Inhalation Continuation prescribing
49	Respiratory system	Mucolytics		Dornase alfa	Inhalation Continuation prescribing for children with cystic fibrosis
50	Sensory organs	Corticosteroids & other anti-inflammatory preparations	Other anti-inflammatory preparations	Olopatadine 0.1%	Eye drops
51	Skin	Topical corticosteroids and antibacterial preparation		Betamethasone & fusidic acid	Topical
52	Skin	Preparations for warts & calluses	Anogenital warts	Imiquimod cream	External genital and perianal warts Continuation prescribing for superficial basal cell carcinoma

Medicines that are already on the list with a different route, form or indication

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53	Anaesthesia	Local anaesthesia		Lidocaine (lignocaine) with adrenaline	Subcutaneous - wound suturing. Lidocaine plain and Adrenaline already on the list
54	Cardiovascular system	Anticoagulants	Parenteral anticoagulants	Heparin sodium	Subcutaneous
55	Central nervous system	Antiepileptic drugs	Control of the epilepsies	Sodium valproate	Continuation prescribing for control of epilepsy Already on the list for neuropathic pain
56	Central nervous system	Antiepileptic drugs	Control of the epilepsies	Gabapentin	Continuation prescribing for control of epilepsy Already on the list for neuropathic pain
57	Endocrine system	Corticosteroids	Glucocorticoids	Prednisolone	Continuation prescribing Oral Already on the list
58	Respiratory system	Bronchodilators	Adrenoceptor agonist & antimuscarinic bronchodilators	Indacaterol & glycopyrronium	Inhalation Continuation prescribing Indacaterol and glycopyrronium are both on the list but not in combination
59	Obstetrics, gynaecology & urinary tract disorders	Contraceptives	Long acting reversible contraceptives	Levonorgestrel (implant)	Subdermal Nurses must complete education for administering implant
60	Obstetrics, gynaecology & urinary tract disorders	Contraceptives	Long acting reversible contraceptives	Levonorgestrel (intra-uterine system)	Intra-uterine